

CONNECT  
Issue 6 • 2018

# Kyalami

ESTATES



**Boris, the  
Russian  
Sidecar**

**CONNECT  
turns 5**

**Fitness  
with Trot  
Your  
Globe**

**The Pappa Effect**

• where people connect •

# Kyalami Estate Jet & Nicole



6 Bedrooms / 5 Bathrooms **R16.45 million**  
A perfect marriage of form and function with exceptional thought given to finishes with the artistic use of light, stone and timber with a Balinese influence, and position capturing the views of bird sanctuary willows and dam.



4 Bedrooms / 4 Bathrooms **R10.9 million**  
Spectacular equestrian property perfectly sited atop a prominent ridgeline to take advantage of magnificent views. Every property detail was perfectly planned & constructed by the owners, combining luxury living in a country setting.



7 Bedrooms / 6 Bathrooms **R6.3 million**  
Enthusied with English country charm perfect for the large family or horse lover. Set on 13000m2 stand, this perfectly positioned sunny home offers endless opportunities to either run as a guest home or use as a family equestrian setup.



5 Bedrooms / 5 Bathrooms **R9.3 million**  
The magnificent Intaba Estate also known as Kyalami's Best Kept Secret!. The home exudes sophistication with a sense of luxury which compliments the light and free flowing living spaces.



4 Bedrooms / 4 Bathrooms **R5.5 million**  
BThis charming north facing home, perfectly positioned on a 1027m<sup>2</sup> stand in the heart of the sought after Kyalami Estate, with direct access onto one of the parks. Modern use of textures, light and colours creating a warm family home.



4 Bedrooms / 2 Bathrooms **R4.25 million**  
Immaculate well-appointed home with 394sqm under roof, provides a perfect haven for relaxed family living and easy entertaining. Every aspect of this beautiful home has been carefully planned.

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*Kyalami*  
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# Kyalami

ESTATES

## MESSAGE FROM THE ESTATE OFFICE

### *Meet Our New Team Members*

We are pleased to welcome Thomas Makgoba and Michella Pellegrino to our Kyalami Estates Team. Below they share some of their personal insights with us:



**THOMAS MAKGOBA**  
MAINTENANCE MANAGER

"I am the fourth child of Lucy and Johannes. I was born in Tzaneen. I am a family man, married to Roniccah. We are blessed with a girl and three boys, and I love my family.

I am a sportsman. I like playing soccer and I am an athlete who runs most of the local races. I am doing my tenth Comrades marathon (green number) this year on 10 June 2018. This was one of my life goals, to have the green number for the Comrades marathon!

I also like going to stadiums with my wife and children when there are big games on. I feel it is important for them to enjoy the experience and not only see things on the television.

I started working in the construction industry and stayed in it for 3 years. I then moved to the hospitality industry, joining a maintenance department as a Maintenance Attendant and then working my way up through the ranks in various positions.

I have been involved in lots of projects, one of which was being part of a green team committee responsible for turning our premises into a Green Village by installing LEDs, changing tap and shower flow-restrictors, installing solar panels to reduce electricity consumption, implementing recycling awareness and much more.

During my career, I have managed more than 25 staff members and I was in charge of maintaining 665 rooms and 60 conference centres with a number of restaurants.

I would describe myself as a 'person of people' and a man of integrity.

I would like Kyalami Estates to be the Best Ever Residential Estate and aim to realise this by maintaining its facilities and trying very hard to satisfy our residents at all times so that they can be our marketing tool!"

**MICHELLA PELLEGRINO**  
COMPLIANCE SUPERVISOR

"I am an energetic, 38 years young, Portuguese woman residing in our phenomenal Kyalami Estates since 2012. I belong to the early bird 5am club - some call it madness, I call it motivation. Every morning, I train at Switch Playground on Main in Bryanston for one hour. This is my happy place, where I get rid of all my frustrations and switch off from the worldly distractions. I don't know if it's the combination of loud music, personal trainers and competitive sportsmanship which keeps me coming back for more, but it has become my biggest addiction. I am thankful for that addiction as the next thing I enjoy doing most is to dine-and-wine. To date, my most favourite restaurant which I have had the pleasure of dining in is our home-based South African, Chantel Dartnall - Mosaic in Pretoria. Had it not been for Switch, I would probably be rolling around the Estate!

Although the popular saying is "the way to a man's heart is through his stomach," that saying applies to some ladies too. My rock, my husband, who is Swiss and Italian, won me over through his skills in the kitchen, so when we are not cooking or training together, we are engaging in one of our very passionate Mediterranean conversations. We both enjoy travelling and visiting historical sites and share the same appreciation for culture and history.

My two children, my daughter of 18 and son of 11, are my very reason and purpose. A mother doesn't have a choice but to be strong and succeed, as she is always being watched and always has someone looking up to her. This is one of the reasons I never give up. They are my "why".

Now that you understand my "why", I'll share with you my "how"...

I started my career in finance as a bookkeeper for a global travel management company. I later progressed and became the Head of Finance which I enjoyed for three years. Given my inquisitive and forever learning attitude, my Group CEO took me up on a challenge and I moved from being the finance manager to Head of Business Development for Sub-Saharan Africa. My niche market was the oil and gas industry, and I am thankful for all the challenges it exposed me to. I have the skills and perseverance thanks to the lessons I learnt in that industry. It's a very unforgiving industry and if I cracked it there, I am confident that I can make a positive contribution as the compliance supervisor for Kyalami Estates.

You might ask why I gave my flourishing career up three years ago. I would lead you back to my "why". It was a difficult decision to make, as I want to be both a driven, successful woman and mother, but I was at a crossroad and I chose my children. Travelling and working endless hours was having a toll on them at a crucial age. When the compliance supervisor job was advertised, and given that it met my overall needs, I applied.

I might not please everyone, but I will certainly strive to create the best living environment for professionals and families alike. I am sure that, with my multi-cultural background, I have attributes which serve in understanding diverse points of view and assist in finding solutions to the challenges faced on a day-to-day basis. I value and maintain open, direct and clear communication and pride myself on being consistent and fair.



In closing, I wish to share a theory which I only dream to expose our Estate to. It was a theory developed by a former New York City Mayor, which brought about positive change by addressing any small incidents and not leaving any stone unturned. This theory is known today as the "Broken Windows Theory". The theory suggests that policing methods that target minor crimes such as vandalism, public consumption of alcohol and fare evasion help to create an atmosphere of order and lawfulness, thereby preventing more serious crimes. Kyalami Estates is not a Big City such as New York, the major focus of my function is not crime and vandalism, however, by addressing any minor non-compliance matters to our commonly agreed CPM, we jointly build a sustainable environment, provide for a better quality of life and create more value for our assets – our homes. I hope you will all support me in fulfilling this dream."

We wish Thomas and Michella every success in their new positions.

*Heather Bowes*

**Estate Manager**  
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# CONNECT turns 5

Staying connected...



## **Connect** /ka'nekt/

1. To bring together or into contact so that a real or notional link is established.
2. Join together so as to provide access and communication.

The year is 2013, three years after the successful hosting of the 2010 FIFA Soccer World Cup here in SA. Since 1999, Kyalami Estates enjoyed the benefit of a bi-monthly newsletter called the Kyalami Times, ably produced by Ros Bessler, a resident and experienced media campaigner. But the KEHOA team sensed that there was value in upgrading their communication platform to a fully-fledged glossy publication and engaged EIA Publishing (Pty) Ltd, (known less formally as Estates in Africa), to produce a monthly lifestyle magazine.

In the media industry, this is known as contract publishing. The Estate owns the Kyalami Estates brand, which the publisher represents and promotes (according to a contract between the two parties) and produces at no cost to the Estate. So, in this instance, you as residents get to enjoy and even have your say and submit articles (subject to editorial approval) for a coffee table magazine that you receive free of charge.

### **WHAT ARE THE BENEFITS?**

You may ask – is there any value in having a professionally-produced magazine exclusive to Kyalami Estates? Well, word is out amongst

financial circles that indeed estate magazines carry significant value. As a branded magazine, in essence 'owned' by the Estate, it could be considered to be an asset to which a rand value could be attached. The publisher cannot own the asset. It belongs to the Estate.

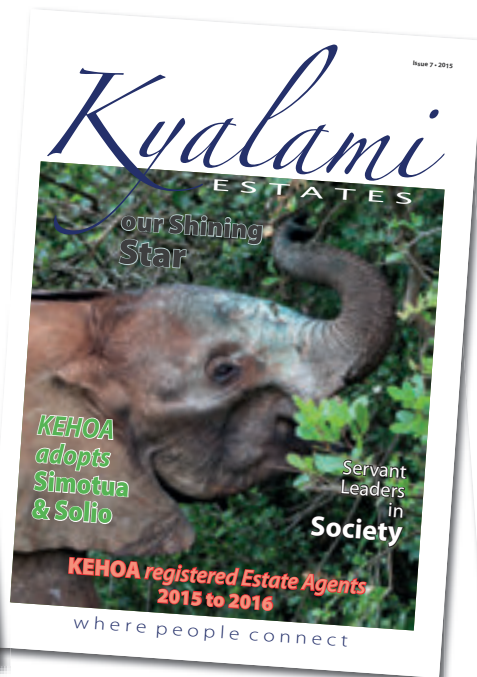
Another benefit which may seem intangible, but nevertheless no less significant, is that, by adding to the brand identity of the Estate, the magazine may well make life just that little bit easier when it comes to property rentals and sales. Outsiders can see that the Estate is well run and organised and who wouldn't want to be part of such a successful formula?

### **WHY CONNECT?**

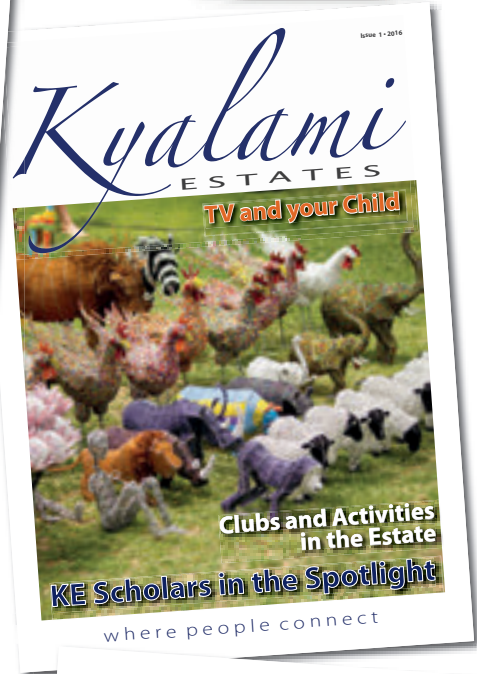
The KEHOA team chose the name CONNECT for your estate magazine because that's its main function – to connect everyone and enhance the sense of community here.

The content is a balance of estate news and lifestyle topics, both encouraging readers to engage and be participants in the community and the lifestyle available to each and every one. At the end of May 2013, the first Kyalami Estates CONNECT was






**ESTATE NEWS**



distributed throughout the Estate. Five years later, the magazine has grown from strength to strength under the very capable guidance of Heather Bowes, who grew from the position of Resident Liaison/PA handling residents' requests, correspondence and complaints, handling the Estate Manager's busy diary, managing all the events staged in the Estate and overseeing the compliance procedures, to fill the position of Estate Manager for Kyalami Estates.

We, at EIA Publishing, are proud to be associated with Kyalami Estates, the KEHOA and all the Estates' residents. Thank you for all your support and input over the years. As the saying goes, "Time flies when you're having fun!" and we look forward to many more years of providing quality and entertaining content for you. 

Kindest regards,

*Bey Hermanson*  
EDITOR

**ESTATES IN AFRICA**

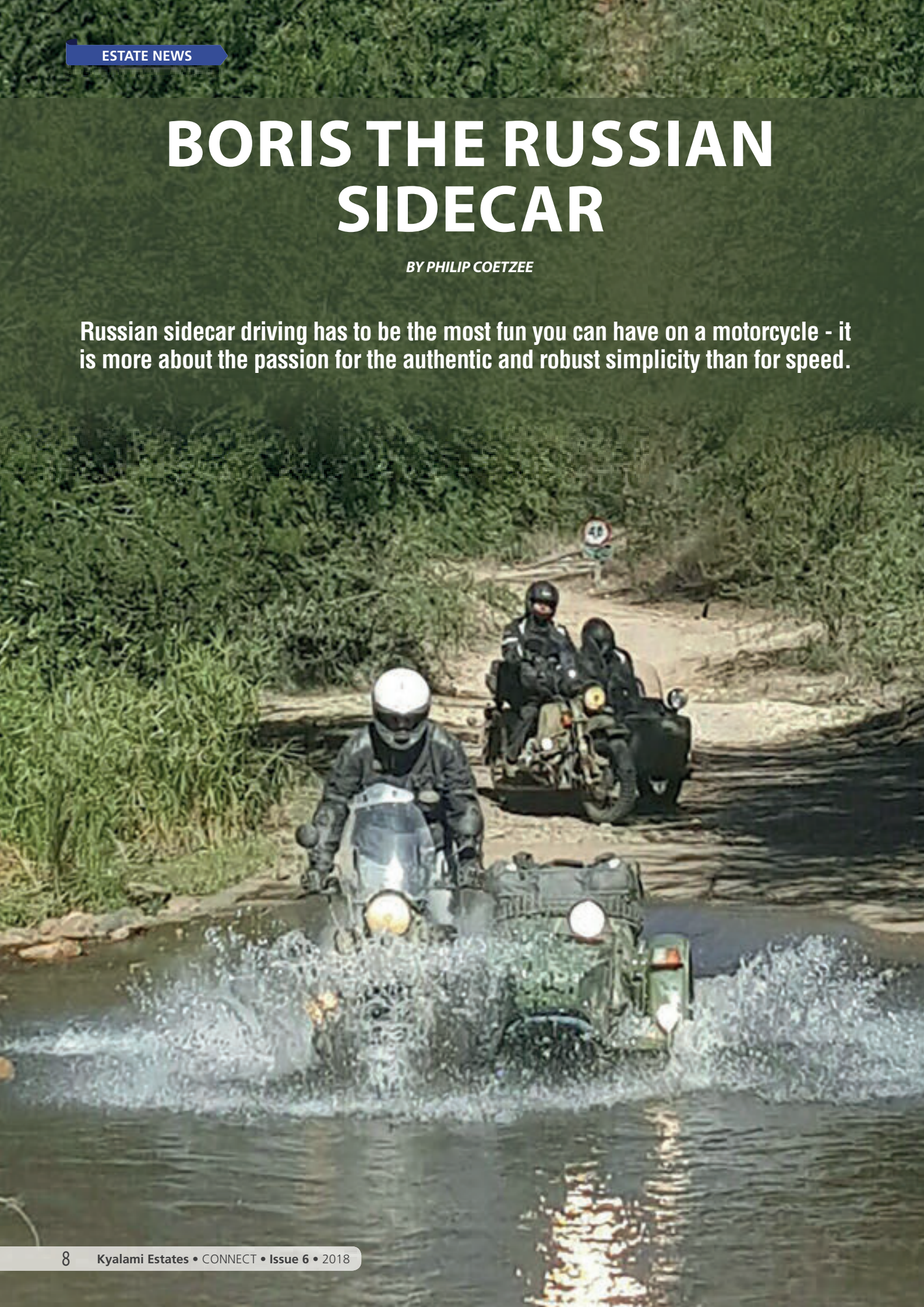
Estates in Africa publishes magazines for South Africa's top residential and golf estates, on behalf of the relevant governing bodies, residents and club members, with the main focus being on selected estates in Gauteng. The company is a wholly-owned subsidiary of the Now Media Group, which was founded in 1953 by John H Marsh. The group continues to be run as a 3rd generation family business, specialising predominantly in the fields of freight and travel trade news in addition to the lifestyle element contributed by Estates in Africa.

The Now Media and Estates in Africa head office is situated in Illovo Boulevard, Johannesburg, with a satellite office operating in Pretoria. As with any news set-up, the environment is a bustling, vibrant operation where teams of journalists, editors, designers, IT specialists, advertising consultants, accounts staff and management interface to bring you the best of the publishing industry's offering. In addition, the Now Media Group owns its own printing company, Juka Printing (Pty) Ltd, a Level 2 B-BBEE company that is situated on the premises.

# BORIS THE RUSSIAN SIDECAR

BY PHILIP COETZEE

Russian sidecar driving has to be the most fun you can have on a motorcycle - it is more about the passion for the authentic and robust simplicity than for speed.



**B**oris, the Russian-built sidecar is made from steel, it can run on anything from paraffin to turpentine, it weighs half a tonne with a passenger and a driver, and has a top speed of about 120km/h. The engine was derived from a BMW motorcycle but built for the Military in Russia.

Boris is owned by Mark Cope, a resident of Kyalami Estates.

What is in the first aid kit that has been bolted to the back of the sidecar, you might ask? Well nothing has been overlooked, including sardines and vodka. Throw away the sardines because they passed their sell-by date 15 years ago, but the vodka is still intact.

"Why break with tradition?" Mark asks. "Especially on a chilly morning!"

"This sidecar is authentic, has no frills and not much power, but it will probably do a million miles. No chain, only a driveshaft, and the bike has a reverse gear. It doesn't get better than this," he says.

Newer designs feature all-round disc brakes, fuel injection and electronic ignition. Not Boris. Boris is raw, it's real and it brings to life the freedom of 'being out there'. This is what makes Boris a bit of a cult car.

Mark has been on some substantial journeys to neighbouring countries without a spot of bother

from Boris. "But," he says, "I never travel without tyre levers, a tyre repair kit, 20 litres of extra fuel, a big hammer and a basic tool kit. You just never know."


As a sidecar passenger, you are called the 'Monkey'!

"Defy gravity," he says as we corner into the winding roads to Hekpoort. "Lean away from gravity," he would say. "If you don't, you might end up in the drink." It is a team effort to ride a sidecar.

Boris even has ballasts, to help keep the bike on the road with or without a passenger.

Mark has had Boris for 10 years, and he nips out once a month to ride with other Russian Sidecar enthusiasts. The fast Dugati and BMW riders who pass at breakneck speed merely nod their heads in respect for this icon.

There is something about sitting a few inches above the ground and having the wind swirl around you as you see the Magaliesberg from a 'different' angle, at 80km/h. Stop and you can smell the hot exhaust, the smell of hot brakes, a hint of exhaust gas and a touch of petrol fumes, a strangely tantalising aroma that begs you to ride on and explore - because if you don't, you might be mildly asphyxiated.

Mark is fastidious about keeping Boris in shape. "I don't drive it enough," he says. "Too much traffic to Sunninghill hospital," where Mark has his practice, "is a sure deterrent to using it more regularly but give me Boris on a warm Sunday morning and an open road, and I'm there." 



## Timing is everything

---



Time seems to have taken on an entirely new dynamic in 2018 and certainly seems to go by faster and faster with each passing second. I see people hurrying about their businesses and lives at a frenzied pace everyday and it's not often that we stop to smell the roses. Time is indeed a very valuable resource and one we often take for granted. We put off all the small things today, promising we will get to them tomorrow and then rinse and repeat.

At this year's Annual Convention and Agent Awards, our Fine & Country team took some time out of their own hectic schedules to explore growth opportunities that will not only consolidate market share but prove to be more time efficient. We are working hard with our partners in progress to streamline systems so that once in a while we can stop and smell those roses.

Our awards evening celebrated those who have embraced Fine & Country as their partner in progress and announced our top achieving agents for 2017.

Fine & Country Licensees remain in control of running their own businesses under our umbrella, but have the backing and support of a plethora of services including a referrals department, logistics and the marketing studio. Our unique approach to marketing stems from our parent company, Fine & Country UK, situated in London's Park Lane. It is there that very concept of a bespoke marketing offering was born and adopted and has been successfully implemented in the South African market through our offices.

Our brand philosophy is one of distinctiveness and authenticity. From the moment a client enters a Fine & Country office until the conclusion of the property transaction, that client becomes part of the brand. From the very wallpaper and furnishings that are used to the car branding and outdoor signage, our brand is inherent in everything we do and in every interaction we have, be it internal or external. Should a client walk into a Fine & Country office in Cape Town or Johannesburg, the experience will be the same. We present ourselves properly and we present your homes properly.

In a cluttered world where you are bombarded with advertising and marketing material, we have cultivated our brand as one that resonates with our target market by providing a valuable service, the experience of which will be well remembered long after the sale has been concluded. It is our mission to look after your time too by providing our clients with a seamless and hassle-free real estate experience.

We thank you for your continued support.

*Linda Erasmus - CEO Fine & Country Sub-Saharan Africa*



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# 2018 WITH YOUR FAVOURITE TEAM

•Dance •Fitness •Travel •Blog •Culture •Lifestyle

The Trot your Globe ladies (from left) are Thoby Dlamini, Kirsten Carls, Toka Lintsa, Carrie-Leigh Miranda and Lihle Malitjane.

## FITNESS WITH TROT YOUR GLOBE

**In April 2018 Trot Your Globe (Pty) Ltd, a fitness company that incorporates all various cultures and world dances in its workout, joined the list of Clubs and Activities being presented from the Kyalami Estates Clubhouse.**

The Trot Your Globe team has travelled to places such as New York, Paris, Germany, Argentina, London and many parts of Africa to study indigenous urban cultures and music, where the only language that unites cultural norms in an advancing world is dancing. And that's exactly what a fitness class with Trot Your Globe brings you, unity.

They have clients like Da Vinci Business School and Virgin Active.

When you see five beautiful ladies, you'd think that it's enough motivation to join a fitness squad, but below are 5 REASONS that will bring you back to the 6am Thursday classes at the clubhouse.

### 1. INCLUSIVENESS AND URBAN TRENDS

Why listen to the same loud metal music when you want to attain different fitness goals? Trot Your Globe doesn't only allow you into experiencing the beauty of fitness techniques through different dances, but also immerses you into a world culture. No sound is out of reach for

this team, and age is most certainly not a factor. You will walk away knowing how to dance at your colleague's wedding or your classmate's birthday and will, most importantly, hear one of your favourite songs and move to your heart's beat.

### 2. EFFECTIVE AND CONVENIENT

Dancing is known to be one of the most effective workouts, and now you won't have to drive away from your place of comfort. You're in the safety and warmth of Kyalami Estates. Your friends can even join you for a session before you head off to work or school - we know that fitness is as much a social lifestyle as it is a healthy one.

### 3. EFFORTLESS FITNESS FUN AND VARIETY

No one likes the effort that comes with fitness, but everyone loves dancing to their favourite tunes, without much care to what they look like. You can expect different dance styles which will have you amazed that you can actually move to Bollywood, Jazz, House, Hip Hop or Cgom. All these styles are incorporated in Step, Dance Fitness and Pilates classes.





**4. INSTRUCTORS ARE FITNESS PROFESSIONALS**

There's nothing better than feeling like you're in capable hands. Toka Lintsa is the head instructor, and has obtained her group fitness knowledge through the Health and Fitness Professionals Association (HFPA). What's even better is her years of experience as a Virgin Active Group Exercise Instructor and training in step, water aerobics, functional training, dance fitness, and other various fitness classes. She started teaching and training dance students for hip hop dance competitions in 2011 at Dance Unlimited in Vanderbijlpark. You can expect hard work and dedication at these classes - work that is rooted in thorough research, ethics, passion and a fundamental respect for equality.



**5. VIP PASS INTO AN EXHILARATING LIFESTYLE**

This is an opportunity to lead a social lifestyle that helps you attain your personal fitness goals. Tone up with laughter and unlock your world to events that Trot Your Globe offers its members. A host of exciting events that are supported by South African celebrities are held by Trot Your Globe, such as Trot Your Globe's International Women's Day, International Men's Day, and Youth Day dance marathons, which have been honoured by guests like Mo-T from Micasa, Sundown's Siyanda Zwane, and television lead actors and actresses such as Isidingo's Motlatsi Mafatshe, as well as Thato Molamu and Motsoaledi Seiphemo from 'The Queen' and 'Greed & Desire' respectively. You'll receive VIP invitations, with memories that are accessible, on [www.trotyourglobe.com](http://www.trotyourglobe.com).



**Kyalami Estates Fitness**



Embracing individuality is at the heart of Trot Your Globe, and the role you play is the ultimate realisation of who you are. 📧

Book your spot on [info@trotyourglobe.com](mailto:info@trotyourglobe.com) - who knows, they may even lay on more classes and extra time slots for you.



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# TURFNET

## MUST DOs THIS MONTH

1. Continue deadheading annuals and feed fortnightly with organic liquid fertiliser or vermiplus pellets. Spray the plant leaves with OBUNDANCE, a liquid fertiliser from Turfnet. Fill sunny gaps in the garden with cool-coloured annuals like white and lilac petunias and alyssum, and blue lobelia.
2. Top up mulches to help preserve moisture. Organic mulches also improve the structure of the soil. Use rough compost, straw or bark chips. (Bark chips are good for acid-lovers.)



3. Deadhead and divide overcrowded agapanthus after flowering. Break off the faded flowers from lily stem tips; the more foliage left, the better for the following year's bulbs.
4. If the water in your pond is green, immerse a net bag filled with straw from a pet shop, as this slows the growth of algae. If the water is shaded by water lily leaves and water blometjies, this is less likely to happen, but they shouldn't cover more than 50% of the water's surface.
5. Start feeding cymbidium orchids with flower-indulging, low-nitrogen/high-potassium food like Starke Ayres flowering orchids. This and the cooler temperatures and shorter days will encourage new flower spikes. Do this monthly until October. Rinse out accumulated nutrients once a month.
6. Cut back old flower stalks of perennials like penstemon, Shasta daisies, salvia leucantha and achillea. Mulch with old manure or compost to encourage another flush of flowers. Pull out canna stalks. Keep camellias and azaleas moist.

7. Trim evergreens, including tibouchinas that have finished flowering. Neaten hedges.
8. Feed autumn and winter-flowering plants like plectranthus, chrysanthemums, poinsettias and indigenous plants like barleria, hypoestes (ribbon bush) and Leonotis leonurus (wild dagga). Apply Epsom salts to acid-loving plants that have yellowing leaves such as gardenia and mackaya bella. Follow up with iron chelate.
9. Take cuttings of plants that need pruning: pelargoniums, heliotropes, lavender, daisy bushes and hedging plants like myrtle and westringia.






## THE VEGGIE GARDEN

1. Spread mulch around vegetables and rows of beans and carrots. Water early in the morning.
2. Make a last planting of bush beans.
3. Try something new for salads, such as blood sorrel and fennel bulbs.
4. Harvest herbs for drying and freezing.



5. Feed fruit trees, like plums and apricots that have finished fruiting, with an organic fertiliser.
6. If you haven't harvested your garlic, do so now and leave it in the open air to dry out before storing.
7. Feed and mulch cabbage, cauliflower and broccoli seedlings.
8. Water citrus trees and keep well mulched now that the fruit is swelling. Underplant with wild garlic to help deter aphids. 

For more information, contact Turfnet: Jerida at 011 469 5051/4 or 073 935 9754. Address: School Road, Plot 17, Diepsloot.

# AND THEY KEEP COMING

BY ALAN ROSENMEYER



## MotorMatters

It's hard to believe that another month has passed and there is no sign of any slowing down in the slew of new models being launched onto the South African market.

I am always amazed that when the total sales in SA are taken into account, we are only a tiny number in world terms. Yet, every manufacturer places emphasis on our market and new cars launched internationally are introduced here almost immediately thereafter. I recall in the past that a model would be launched and it could take 2 or 3 years before it reached our shores. Now, it's within months at the longest.


The motor industry also contributes to the economy through local manufacture and the export of vehicles built here. I applaud the companies that continue to invest vast sums of money to start or increase production in our country. There are a few new plants currently being established and Mahindra are about to start local production. I will be visiting this plant in the next few weeks but congratulate them in advance. Motor manufacture, in spite of robots, will always be labour-intensive and any job creation is to be celebrated.

The past month has seen a number of launches and this month we feature the GTS versions of the Boxster and Cayman in the Porsche 718 range.

In other motoring news, the latest fuel price increase has seen the highest pump prices ever in South Africa. As always, this causes a knock-on effect on inflation generally and,

although international oil prices are still increasing, the recent increase in fuel taxes and levies only exacerbates the situation. Before you panic though, the quickest and easiest fuel saving tip is simply to ensure that your car is regularly serviced and tuned. We tend to forget the effect that this can have on fuel consumption.

I am passionate about road safety and the recent statistics from the Easter period made for extremely depressing reading. No single person can change the world and prevent the carnage but each one of us can take personal responsibility and ensure that we do everything to drive safely and obey the laws of the road. Let us all demand that the authorities change their emphasis from cash collecting to ensuring law and order and our safety on the roads. What has happened to the concept of the daily road-blocks actually impounding patently unsafe vehicles and removing them from our roads?

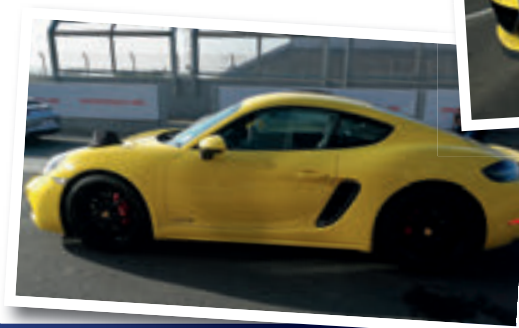
In the meantime, sit back and enjoy this month's feature. We'd love to receive your comments and feedback. Please email [alanr@motormatters.net](mailto:alanr@motormatters.net). 



Alan Rosenmeyer



The Porsche Cayman 718 GTS



Porsche Boxster 718 GTS

# Porsche unleashes GTS versions of the 718 Boxster and Cayman

The letters GTS are very significant in Porsche history and have been added to some very special models in the past.

Currently, Porsche are adding a GTS variant to every model in the range and I was privileged to be invited to sample the new Boxster and Cayman versions.


The launch experience was divided into a road drive and the opportunity to sample the cars on Kyalami race track. Beginning with the road drive, I now understand why Porsche likes to describe their cars as everyday sports cars. They really are easy and comfortable to drive on the road. They even feel quite content to potter along in traffic whilst never forgetting to remind you of the potential waiting under your right foot. The 7-speed PDK dual clutch automatic transmission has to be one of the smoothest I have ever experienced in daily use. Driven in anger, the shifts are still seamless but you do experience the urgency at the same time.

On the road, the cars include every luxury so you never miss any of your comforts, but even here, a little prod sends you shooting through the tiniest gap with no hesitation. We had the opportunity to drive both the coupe and the convertible versions on both road and track. Driving the Boxster with the top down (is there any other way?) showed no evidence whatsoever of "scuttle shake" that

convertibles suffered from in days of old. Even on the track, there was no difference that I could detect in the handling of the two versions. I cannot say that the convertible blew my hat off for the simple reason that I do compromise and switch to a cap when I drive convertibles!

However, on the track is where the slumbering beast can be awakened immediately. As if standard mode is not enough, a 90 degree twist of a little knob unleashes sport mode, with the next twist moving it up to sport+. These changes alter gearshift mapping, exhaust flow and even balance and ride. Then there's the bonus of the little overboost button for short bursts of extra boost. Kyalami's main straight was designed for this button.

Both versions are exceptional around Kyalami race track, with the GTS's 269kW and 430Nm having that little bit extra over the standard models. The GTS also includes many extras as standard to more than justify the price premium over the basic models, with the Cayman GTS selling for R 1 122 000 and the Boxster GTS for R1 137 000.

After a great launch day, I can't wait to get my hands on a full test car. 



Follow this link to watch our video review: <https://www.youtube.com/watch?v=CpO3wpTQx0g>

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# A BIRD'S EYE VIEW OF HARTIES

Take a joyride by cable car up to the top of the Magaliesberg with the Harties Cableway.

BY AMANDA PILLAI

The weekends are wonderful opportunities to get the kids out into the fresh air and on Freedom Day this year, my family and I decided on an excursion up the Harties Cableway to make the best of the crisp autumn weather. Optimistically, we'd estimated on an hour or two at the most at the top of the mountain, but as it turned out, it was pretty much an all-day outing.

We chose to go there via the William Nicol past Diepsloot, veering off to the R511 just past the Krugersdorp Highway. A word of warning about this route – ongoing roadworks further along cause considerable delays, so don't

bargain on any specific arrival time in Harties. Make sure you take some snacks and cold drinks and figure out ways to keep the kids entertained. Once you're past the blockage, it's an easy drive and the turnoff to the cableway is well signposted.

Fortunately, despite it being a public holiday, the queues weren't hectic, and we even had some time to explore the lower cable station while we waited for the rest of the family to arrive. If you're a shopaholic, the Gift Shop has some fascinating wares for sale and not all of them are touristy. There's an Adventure Booking Office and Harties Information

Centre that you can visit to find out more about activities in the area. And there's a full restaurant with a kiddies' play area as well as an ice cream kiosk.

Getting into the cable car is interesting as they aren't completely stationary. It's kind of a rolling start to your trip but once you're in, it's a comfortable ride to the top. Each cable car takes six adults or, in our case, they were equally happy loading four adults and three children into one car. If there are just two of you, be prepared to share the trip – but most people are quite willing to do so as it's a short ride.



*A cable car passes one of the open air restaurants on the way back down the mountain.*

When you disembark at the top, you'll find you're spoiled for choice when it comes to places to eat – from a quick takeaway at the self-service express restaurant to light meals down at the bottom bar, pizzas at the summit or even a picnic basket that you can enjoy on the lawns or under one of the private gazebos.

To get to the summit, be sure to take the Dassie Loop and stop along the way to read the information plaques that tell you more about the area and the views. At the end of the route, you'll find the jungle gyms and slides for the kids, lots of places to sit, including some of the old cable cars for cosy chats and plenty of space for the kids to romp. By pre-arrangement, you can even enjoy a little pampering at the massage gazebo, laid on by DVR Event Management.

On your way back, before returning down the cableway, be sure to stop at The Little Shop at The Top for some more retail therapy – you'll find caps, T-shirts, handbags, ornaments and souvenirs – wonderful mementos of your day out at Harties.

Bookings for picnics and pamper sessions can be made through the Harties Cableway.

**For enquiries, call +27 (0)12 253 9910/1/2/3, email: [info@hartiescableway.co.za](mailto:info@hartiescableway.co.za) or [marketing@hartiescableway.co.za](mailto:marketing@hartiescableway.co.za). Or visit: [www.hartiescableway.co.za](http://www.hartiescableway.co.za)**



*Lower cable station.*



*Upper cable station.*



# INTERESTING INFORMATION

## MAGALIESBERG BIOSPHERE

The Magaliesberg Biosphere Reserve was officially proclaimed by UNESCO and registered in Paris on 9 June 2015. It spans the Gauteng and North West provinces, covering 360 000ha of diverse landscape. It is one of 8 biosphere reserves in South Africa which, together, cover 8,5% of the country.

## GEOLOGY

The Magaliesberg mountain range is one of the oldest in the world. Its formation started some 2650-million years ago when calcium carbonate deposits were formed as a result of photosynthesis performed by cyanobacteria. Sand and mud eventually smothered the bacteria and a quartzite bed several kilometres deep built up over time. When the Pilanesberg volcano erupted, deep gorges in the quartzite were cut by the lava and the weight of the magma elevated the edges of the quartzite bed, forming the Magaliesberg series of parallel ridges seen today.

## NATURAL RESOURCES

Five rivers transect the Magaliesberg - the Apies, Pienaars, and Moretele in the Pretoria area, the Hex that feeds the Olifantsnek Dam near Rustenburg and the Crocodile that is the main source of water for Hartbeespoort Dam. Unfortunately, the pollution from the Crocodile River, which flows through a multitude of urban areas before reaching the dam, has contributed to the suffocating growth of water hyacinth, which is proving impossible to eradicate.

## FLORA AND FAUNA

The Magaliesberg area is made up of four important habitats: the Moot Plains Bushveld, characterised by savannah dominated by various species of Acacia; the Gold Reef Mountain Bushveld, characterised by rocky hills and ridges with woody vegetation; the Northern Afrotemperate Forest, characterised by forests of afrotemperate origin; and the Marikana Thornveld, characterised by open Acacia Karoo woodlands occurring in valleys, slightly undulating plains and some lowland hills.

A total of 90 indigenous mammals have been recorded in the area, along with 443 bird species (46,6% of the bird species recorded in the southern African sub-region) – the latter include the Cape vulture (*Gyps coprotheras*), secretary bird (*Sagittarius serpentarius*), great white pelican (*Pelecanus onocrotalus*), martial eagle (*Polemaetus belliccosus*) and African grass-owl (*Tyto capensis*).

## HISTORY

The Magaliesberg area has a rich history that starts many millions of years ago. Several hominid species inhabited the area and there is evidence of hunter-gathering tribes roaming throughout the region. About 600 years ago, the BaTswana arrived and settled in the area, building stone-walled dwellings and enclosures. In 1827, the Ndebele conquered the BaTswana and for the following 11 years the area was ruled by Chief Mzilikazi, until he was driven out by the Voortrekkers in 1838.

Many skirmishes and battles were fought here during the Anglo-Boer War which took place from 1899 – 1902. The battles were between the British and the Boers, the latter achieving significant victories thanks to their tactical manoeuvres, but the British eventually forced them to evacuate their posts in the Magaliesberg.

The population in the area currently stands at around 270 000 inhabitants, but with new developments under construction, this figure is expected to grow.



*Some of the old cable cars used now as dining cars.*




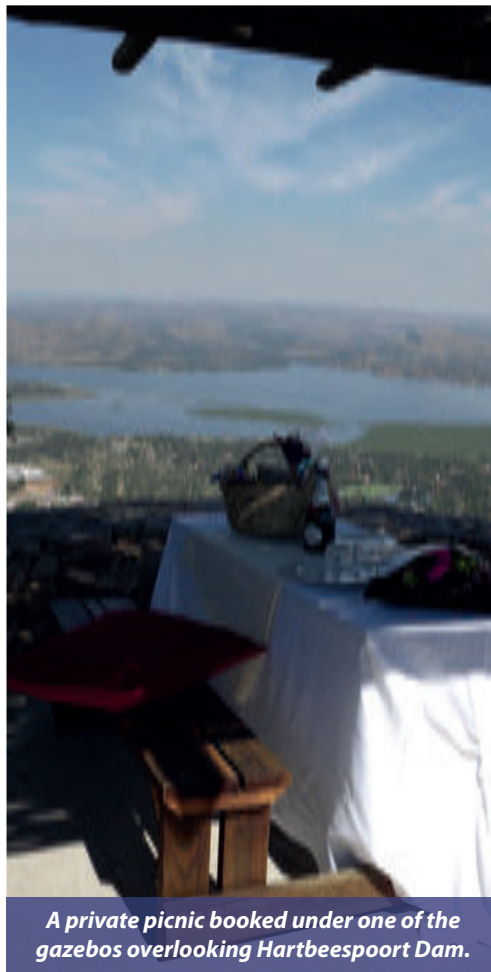
*The souvenir shop at the top.*

**THE DISTRICT**

Did you know that nuclear bombs were actually produced at Pelindaba, which you can see clearly from the top viewpoint of the Harties Cableway? The Atomic Energy Board was founded in Pretoria in 1948 and moved to Pelindaba in 1961. It was made a public company in 1999 with a new name, the South African Nuclear Energy Corporation. Although the nuclear weapons programme was closed in 1989, and the uranium enrichment plant was closed in 1990, Pelindaba still plays a significant role as SA's main nuclear energy research centre. It's also the largest producer of medical isotopes in the world. The town of Brits to the north was founded on the farm that was originally owned by the Brits family. A siding on the railway that was built from Pretoria to Rustenburg was established at Brits and it became an important hub for the offloading of construction workers, supplies and materials needed for the building of the Hartbeespoort Dam.

**HARTBESPOORT DAM**

The Hartbeespoort Dam is the main source of irrigation for around 14 000ha of agricultural land in the district. Construction of the dam started in the early 1900s on the farm once owned by the Schoeman family and was completed in 1923. It took 250 000 bags of Pretoria Portland Cement to construct the dam wall. The arch on the dam's wall is a copy of the Arc de Triomphe on the Champs-Élysées in Paris. When full, the dam holds in excess of 200-million cubic metres of water and has a surface area of 20 square kilometres. Its deepest point is 45 metres below the surface and the shoreline is around 56km long. 



*A private picnic booked under one of the gazebos overlooking Hartbeespoort Dam.*



*A selection of memorabilia.*



*Harties Information Centre and Adventure Booking Office.*

Sources: [www.unesco.org](http://www.unesco.org) • [www.magaliesberg.co.za](http://www.magaliesberg.co.za) • [en.wikipedia.org/wiki/Hartbeespoort\\_Dam](http://en.wikipedia.org/wiki/Hartbeespoort_Dam)

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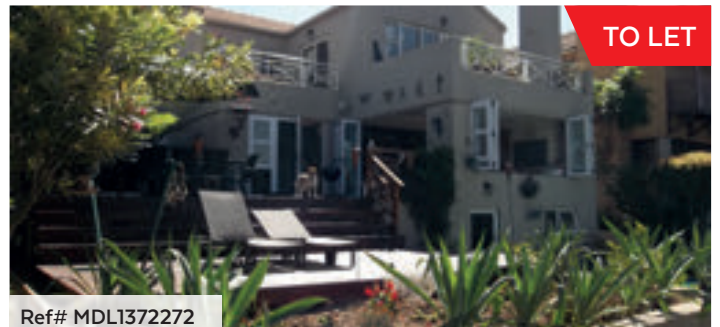


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# THE 'PAPPA EFFECT'

Always, and in every moment, strive to be a celebration and example of positive human connection and respect, and believe in your child.

BY NIKKI BUSH

**H**ow dads 'are' with their children has a massive influence on how they will value and respect themselves down the line. I call this the 'Pappa Effect'. I've used the term Pappa as an acronym here for some effective fathering characteristics:

**P.....Present:** This means emotional and physical presence and being really 'in the moment' when you are with your kids. Actually, many dads do this better than moms because dads are not quite as good at multi-tasking. The upside is that when they are with their kids they are often more focused. If you don't live with your children, you need to maximise the time you do have with them and find telephonic or virtual ways to continue the connection.

**A.....Available:** Don't be so busy that your kids think you don't care. I always remember the heart-wrenching *Chicken Soup for the Soul* story of the boy who found out how much his dad's time was worth per hour at work, and saved up enough to buy an hour of his dad's time.


**P.....Proud:** Teach kids to value themselves by valuing and believing in them. Show pride in both their achievements and their journey in getting there, even if it is a place in the D team! And please, please don't live



vicariously through your children. It is an unfair burden to expect them to perform so that you feel good about yourself. If your attention and affection is performance-based you are not loving them for who they are but for what they do. Your children are not you and may never become a clone of you. Love them for who they are, not what you expect them to be or do and this is what will grow their confidence and self-belief.

**P.....Protective:** Dads are a symbol of physical and emotional security and they are often less easy to manipulate than moms when it comes to implementing boundaries. While you may be the family 'fixer' on many levels because you get things sorted, your role is also to teach your children to become resourceful and resilient in themselves, to learn independence little by little. These are the tools they will use to create their own happiness and success one day.

**A.....Attentive:** Pay attention. Listen. Talk and share. Do things together – dates with your daughters and adventures with your sons. Dads have a huge influence on how their daughters will allow themselves to be treated by men; how their sons will treat women – and on the healthy expression of emotions. Always, and in every moment, strive to be a celebration and example of positive human connection and respect, and believe in your child.

Dads, may you always be celebrated, honoured and adored for your positive 'Pappa Effect'. 



## NIKKI BUSH

Creative parenting expert, inspirational speaker and co-author of *Tech-Savvy Parenting* (Bookstorm, 2014), *Future-proof Your Child* (Penguin, 2008), and *Easy Answers to Awkward Questions* (Metz Press, 2009) [nikki@nikkibush.com](mailto:nikki@nikkibush.com)  
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Here's to a fabulous Father's Day for all our wise and strong fathers out there! We hope you have a day filled with spoils and love! 

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**2. Five-star Mauritius offer from IOI Holidays.** Rates from R41 549 per couple. Offer includes return flights departing from Johannesburg, approximate taxes, return transfers, seven nights' accommodation at the Constance Belle Mare Place with breakfast and dinner daily and all non-motorised water sports. Valid until 30 August 2018. **For more information visit [www.ioiholidays.co.za](http://www.ioiholidays.co.za); email: [info@ioiholidays.co.za](mailto:info@ioiholidays.co.za) or contact them on 011 616 2616.**

**3. Winter winelands luxury offer from Le Franschoek Hotel & Spa.** Rates from R1 680 per room per night including breakfast. Offer excludes flights and taxes. Valid until 31 August 2018. **For more information visit [www.lefranschoek.co.za](http://www.lefranschoek.co.za); email: [reservations@lefranschoek.co.za](mailto:reservations@lefranschoek.co.za) or contact them on 021 876 8900.**

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**6. Enjoy a family getaway with The Bantry Bay Hotel.** Rates from R1 690 per night including breakfast for two, up to two kids under 12 stay free. Offer excludes flights and taxes. Valid until 31 August 2018. **For more information visit [www.bantrybaysuitehotel.com](http://www.bantrybaysuitehotel.com); email: [reservations@thebantrybay.com](mailto:reservations@thebantrybay.com) or contact them on 021 434 8448.**

**7. Mediterranean Gulet cruising offer from United Europe.** Rates from R6 360 per person sharing. Offer includes seven nights onboard the Enchanting Blue Gulet Cruise including all meals onboard, services of the captain and support crew, charter and berth taxes and more. Offer excludes flights and taxes. Available for Saturday departures between 23 June – 27 July 2018. **For more information visit [www.unitedeurope.co.za](http://www.unitedeurope.co.za) or contact them on 011 462 0962.**

**8. Bohol & Cebu Tour from Tripistery B2B Travel.** Rates from R3 640 per person sharing. Offer includes three nights in Cebu, breakfast daily, Bohol and Cebu tour, transfers and sightseeing as per itinerary. Highlights: Bohol – Blood Compact Shrine, Baclayon Church, Chocolate Hills and Butterfly Garden. Offer excludes flights and taxes. Valid until 30 November 2018. **For more information visit [www.tripistery.com](http://www.tripistery.com); email: [info@tripistery.com](mailto:info@tripistery.com) or contact them on 031 817 8123.**

**9. Five-star Maldives offer from Thompsons Holidays.** Rates from R51 299 per person sharing. Offer includes return flights departing from Johannesburg to Male, approximate taxes, return transfers and seven nights' accommodation at the five-star Lux South Ari Atoll with breakfast, lunch and dinner daily. Only available for South African residents. Book by 30 June 2018. Valid until 31 October 2018. **For more information visit [www.thompsons.co.za](http://www.thompsons.co.za); email [info@thompsons.co.za](mailto:info@thompsons.co.za) or contact them on 011 770 7700.**

**10. Discounted Zanzibar offer from The Holiday Factory.** Rates from R10 490 per person sharing. Offer includes return flights departing from Johannesburg, approximate taxes, return transfers and seven nights' accommodation at the four-star Uroa Bay Beach Resort with breakfast and dinner daily. Upgrade to all-inclusive from R1 890 per person. Valid between 1 July – 31 August 2018. **For more information visit [www.theholidayfactory.co.za](http://www.theholidayfactory.co.za); email: [info@theholidayfactory.co.za](mailto:info@theholidayfactory.co.za) or contact them on 11 233 2300.**



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## WE OWN THE SKY

By Luke Allnutt

A story about love, loss and finding hope-against all odds. Rob Coates can't believe his luck. There is Anna, his incredible wife, and most precious of all, Jack, their son, who makes every day an extraordinary adventure. Rob feels like he's won the lottery of life. Or rather-he did. Until the day it all changes when Anna becomes convinced there is something wrong with Jack.

Now Rob sleepwalks through his days, unable to bridge the gulf that separates him from his wife, his son and the business of living. But he's determined to come to terms with what's happened - and find a way back to life, and forgiveness. *We Own the Sky* will resonate with anyone who has ever suffered loss or experienced great love.

Luke Allnutt shows that the journey from hope to despair and back is never as simple as we think, and that even the most thoroughly broken heart can learn to beat again.



## THE MERMAID AND MRS HANCOCK

By Imogen Hermes Gowar

This voyage is special. It will change everything... One September evening in 1785, the merchant Jonah Hancock hears urgent knocking on his front door. One of his captains is waiting eagerly on the step. He has sold Jonah's ship for what appears to be a mermaid.

As gossip spreads through the docks, coffee shops, parlours and brothels, everyone wants to see Mr Hancock's marvel. Its arrival spins him out of his ordinary existence and through the doors of high society. At an opulent party, he makes the acquaintance of Angelica Neal, the most desirable woman he has ever laid eyes on... and a courtesan of great accomplishment. This meeting will steer both their lives onto a dangerous new course, on which they will learn that priceless things come at the greatest cost.

Where will their ambitions lead? And will they be able to escape the destructive power mermaids are said to possess? In this spell-binding story of curiosity and obsession, Imogen Hermes Gowar has created an unforgettable jewel of a novel, filled to the brim with intelligence, heart and wit.

## ONLY CHILD

By Rhiannon Navin

Captivating . . . Will appeal to fans of *Room*, *The Lovely Bones* and *The Fault in Our Stars* - *The Independent*.

Heartbreaking. Heartwarming. Addictive and emotional, but also full of hope, Rhiannon Navin's *Only Child* is the most heartfelt book you'll read this year.

When the unthinkable happens, six-year-old Zach is at school. Huddled in a cloakroom with his classmates and teacher, he is too young to understand that life will never be the same again. Afterwards, the once close-knit community is left reeling. Zach's dad retreats. His mum sets out to seek revenge. Zach, scared, lost and confused, disappears into his super-secret hideout to try to make sense of things.

Nothing feels right - until he listens to his heart . . . But can he achieve the impossible and remind the grown-ups how to love again? Narrated by Zach, *Only Child* is full of heart; a real rollercoaster of a read that will stay with you long after you've turned the final page.



## DON'T FORGET TO ENTER OUR MONTHLY RESTAURANT COMPETITION. RESTAURANT COMPETITION FOR JUNE

Here is the question for this issue:

**Q: How old is Kyalami Estates' CONNECT magazine?**

Please include 'Kyalami Estates Restaurant Competition' in the Subject line and send your answer along with your full name, your cell number and your stand number to: [info@eiapublishing.co.za](mailto:info@eiapublishing.co.za). The winner will be notified by email.

The restaurants featured in this competition have been carefully chosen and, even if you aren't a winner, we hope that you'll enjoy visiting them whenever you are looking for a memorable culinary experience!

### Competition Winner for May

Well done to the winner of our last competition! Congratulations to: **Francisco Mendes** who receives a R500 meal voucher from one of our participating restaurants.

#### Terms and Conditions:

• Vouchers cannot be exchanged for cash. • Portions of the monetary value of the voucher cannot be refunded as "change". • Bookings need to be made in advance with the restaurant detailed on the voucher. • Service charges/gratuities are not included, regardless of any balance left over after the meal. • Vouchers will be numbered. Please provide your voucher number when you make your reservation. • The competition is open to readers over the age of 18. • Indemnity: The publishers, Kyalami Estates and other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.

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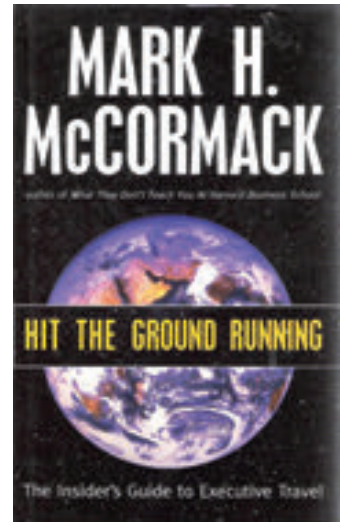
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# THE INSIDER'S GUIDE TO EXECUTIVE TRAVEL

BY JAMES CLARKE

The late globetrotting us lawyer, sports agent and management consultant, mark h mccormack, was the consummate air traveller.



often pictured Mark McCormack coolly striding through some airport exit in the Far East in his white, uncreased tropical suit; his silk tie unstained by airline coffee and his silver hair neatly in place. And there, at the kerb, just as he knew it would be, was his hire car with its obsequious attendant dangling the keys, welcoming him by name and bowing ever so slightly.

In 1995, Mark H McCormack produced a book on how he does it – how he manages to get things just right when he travels. It is called *Hit the Ground Running: The Insider's Guide to Executive Travel* (Jonathan Ball). You begin to hate him soon after chapter 2.

By chapter 4 you find him perfectly insufferable, but you plough on, fascinated that somewhere out there, there's a man who can cut through an airport like a knife through butter and waltz into hotels where the staff shout out his name in ecstasy.

You'll hate him because you know perfectly well that if ever you manage to hit the ground running when your plane lands it will merely mean they forgot to put the steps up against the aircraft door.

McCormack tells you how to get the better of overbooked airlines which say: "Sorry, the flight is full." He books for the same destination


on more than one airline. And he tells you how to be comfortable: Never drink something fizzy before take-off – the bubbles enlarge inside you at altitude. You could find yourself floating against the ceiling.

At home he keeps a sort of "busy executive's survival kit" ready-packed at all times. It contains toilet stuff (no, not Harpic) such as ear plugs, sleeping mask, inflatable neck brace for sleeping and two litres of drinking water... I thought this last item was going too far until I read why he does it. Apparently, some airlines go around the world continually topping up their water tanks with unholy water from the Ganges, water from the Nile from which only the crocodiles have been filtered, and from supplies in developing countries – the water having been passed by Third World health officials, if you see what I mean. The aircraft's reservoir eventually becomes thin vegetable soup with small creatures frolicking and splashing around in it. In fact if you drink water from an airliner's tanks you are practically guaranteed to hit the ground running.

McCormack tells you what seats to book on different makes of planes, how to ensure you'll have hotel accommodation, how to ensure the head waiter remembers you. He says you should tip him heavily first time. (I would argue it is best to trip him heavily. That way is cheaper and he'll certainly never forget you.)

"A smart traveler will plan every step of the departure, the flight, the arrival at the airport, the trip to the hotel, and the schedule afterwards."


He recommends the best hotel, restaurant, take-away and golf course in each of several cities. How does he do all this? When you read his dedication, you discover his secret. He dedicates the book to "my trusted personal assistants, secretaries and associates" and he then names Laurie Roggenburk, Sarah Woolridge, Fumiko Matsuki, Penny Thompson, Michelle Lane (etc), "who tirelessly work to make sure that I hit the ground running."

That's how – and that's why you hate him. All I have is Threnody Higginbottom, my secretary who files everything under M for Miscellaneous. 




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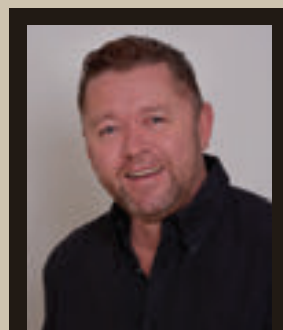
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